

WAIVER:

I am applying to enter Spring Lake Recreation Surf Camp. I promise to inspect the surf camp site and assure myself that the area is safe for surfing and further agree that I will not surf in the camp unless I am satisfied that the area and conditions are safe for surfing purposes. I will understand and comply with all surf camp rules and regulations, note existing weather conditions, and do agree that I voluntarily assume all risks arising from conditions related from use of the surf camp site by myself and others. In consideration of your acceptance of my registration to the surf camp I attend to be legally bound hereby, for myself, my heirs, executors, hold harmless and release and forever discharge the Spring Lake Recreation, 3rd Ave Surf Shop, Inc. , all employees and volunteers as well as the Borough of Spring Lake from all liabilities from injuries and damage whatsoever arising from/by presence and participation in the above described surf camp. I attest that I am physically fit and have sufficiently trained for these surf camp (s) and do not hereby grant the Spring Lake Recreation, 3rd Ave Surf Shop, Inc. , all employees and volunteers, as well as the Borough of Spring Lake such release as described herein. I acknowledge I have read and understood the above. I also understand that I will not participate or surf in the camp except during the time designated for the official surf camp scheduled time, and that I may be required to forfeit and be disqualified from further participation in this surf camp and future camps at the discretion of Surf Camp Director (s).

Disclaimer:

Spring Lake Recreation Summer Surf Camp has the right to change activities based on the weather, availability of activities, or for safety reasons. Since tide and surf conditions are ever changing some activities may have to be rescheduled from time to time. Spring Lake Recreation Summer Surf Camp is not responsible for instruction days missed on participants account or cancellations due to adverse weather, ocean conditions, or ACTS OF GOD. In the event of a cancellation, a makeup class may be conducted at the discretion of the camp directors.

I HEREBY AGREE TO THE ABOVE WAIVER AND DISCLAIMER AND TO ALL TO WHICH SAID STATEMENTS REFER.

APPLICANT SIGNATURE:

PARENT/GUARDIAN:

DATE: _____

Surf Camp 2010

MISSION STATEMENT:

Our goal is to create unforgettable experiences, an understanding of basic water safety, respect for the ocean, and a lifelong love for the sport and lifestyle of surfing.

For more information please contact:

732-359-6886

E-mail:

tr@3rdavesurf.com

Spring Lake Recreation Presents



Surf Camp 2010

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732-359-6886

E-mail:

tr@3rdavesurf.com

Program Overview

-Surfing will be conducted every day of surf camp.
 -Camp includes rash guards, stickers, a discount card for 3rd Ave Surf Shop, and a "Graduation" Party.-Camp provides the use of soft surfboards during instruction.

ITEMS CAMPERS NEED TO BRING:

Clothing appropriate for that day's weather conditions, sunscreen, a beach towel, a small snack, and bottled water/energy drink (no glass bottles please).

WEEKLY CAMP:

MONDAY (SAFETY DAY)- Orientation/registration, swim assessment, ocean & weather awareness, overview of surfing equipment.

TUESDAY (PHYSICAL FITNESS)- Paddling basics, body positioning, importance of stretching & yoga techniques.

WEDNESDAY (CULTURE & HISTORY)- The art of catching waves, where to be & when to go.

THURSDAY (SURFING AS A SPORT)- Stand up and surf, basic wave riding techniques.

FRIDAY ("GRADUATION" DAY)- Practice what you know and put all of your new surfing skills together for a surf exposition. Certificates of Completion and "Graduation" party.

WEEKEND CAMP:

SATURDAY- ocean & weather awareness, equipment basics, paddling basics, body positioning, the importance of stretching & yoga techniques.

SUNDAY- The art of catching waves, where to be & when to go. basic wave riding techniques.

CAMP LOCATION: NORTH SURFING BEACH REMSEN AVE, SPRING LAKE

Program Overview

Schedule: The weeks and times have been selected to coincide with LOW TIDE This camp ensures equal amounts of water time and instruction for each student. The camp runs for three hours each day Monday thru Friday.

Surf Camp Dates and Times

July Week

Day	Time
5th - 9th	10am-1pm
12th-16th	12pm-3pm
19th-23rd	10am-1pm
26th-30th	12pm-3pm

July Weekend

Day	Time
3rd - 4th	10am-1pm
10th-11th.....	12pm-3pm
17th-18th	10am-1pm
24th-30th	12pm-3pm

August Week

Day	Time
2nd-6th	10am-1pm
9th-13th	12pm-3pm
16th-20th	10am-1pm
23th-27th	12pm-3pm

August Weekend

Day	Time
July 31st-Aug 1st.....	10am-1pm
7th-8th	12pm-3pm
14th-15th	10am-1pm
21st-27th.....	12pm-3pm

Pricing per person:

Week: \$295.00

Weekend Camp: \$120.00

For more info please contact:

3rd Ave Surf Shop

Phone: 732-359-6885

Fax: 732-359-6887

E-mail: surfcamp2007@gmail.com

REGISTRATION FORM:

(PLEASE CIRCLE THE WEEK(S) YOU PLAN ON ATTENDING:

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5th - 9th	10am-1pm
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METHOD OF PAYMENT:

• Cash _____

• Check (Made out to Spring Lake Recreation)

Total \$ _____

Campers Name _____

Parent/Guardian Signature _____

Address _____

Home Phone: _____

Parent Cell Phone: _____

Email Address: _____

* discount for multiple week/weekend signups available.